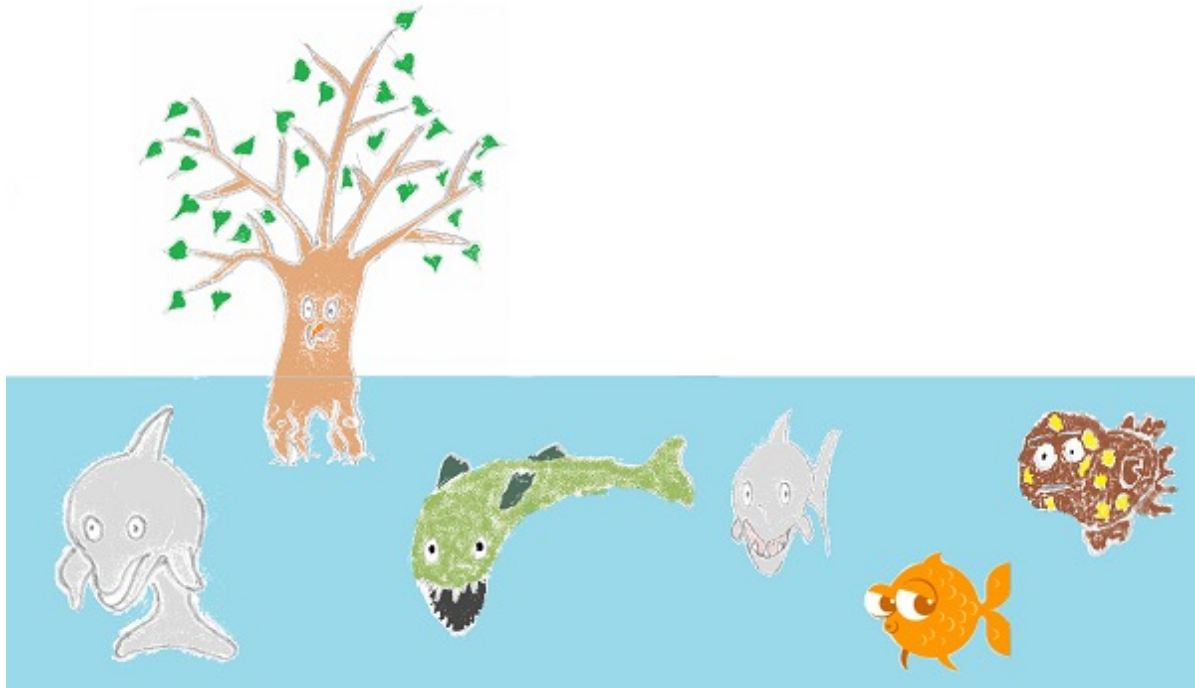


GREENBELT BARRACUDA'S 2016 MOTLEY SWIM- A- THON



When? Thursday July 14th from 8pm -10 pm

Where? Outdoor Pool of the Greenbelt Aquatic and Fitness Center

Why? To raise funds for new equipment and swim meet fees and to help keep other costs low for the swimmers.

How long do I swim for?

Swimmers will have 2 hours to swim as much as they can. Each age group will have a minimum number of laps to swim. In addition, all swimmers are invited to participate in the "Mile Swim" challenge! (32 laps)

How do I enter?

Use the pledge sheet to get sponsors. Bring the pledge sheet with you to the swim-a-thon along with the completed registration form.

Who can I ask to sponsor me?

Stick with family and friends when asking for sponsors. You will have to call them up later and ask them to fulfill their pledges.

How does sponsorship work?

Swimmers ask family and friends to sponsor them. Sponsors can pledge to donate a certain amount of money for every lap swum. Alternately, sponsors can choose to make a lump sum donation to GMST if they prefer.

Is there a pledge minimum?

We ask that each swimmer try to earn at least \$20 in pledges. However, we will not turn anyone away! We want you to join in the fun!

What benefits do swimmers receive?

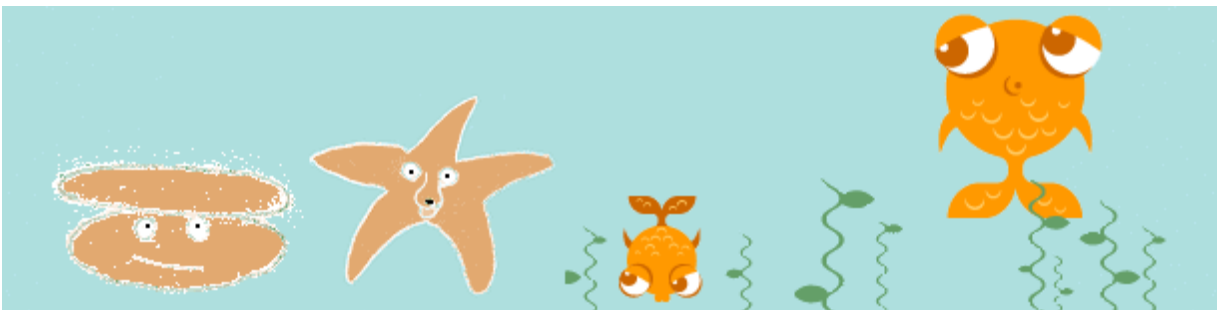
All swimmers enjoy prizes and refreshments. Special incentives will be given to swimmers (of all ages) who swim a mile. The top three swimmers overall will receive additional gifts, as will the top two pledge earners.

How can Parents help?

Parents can earn volunteer points by helping with the swim-a-thon. We need lap counters, refreshment servers, set-up/clean-up crew, and a DJ. Parents can also get pledges and swim!

How can swimmers help besides swimming?

Swimmers can additionally enter a cartoon to go on certificates of participation handed out at the awards banquet. All cartoons entered will be included. Please email scanned copies to michaelayang@netzero.com.



Any questions? Contact Michael Yang

Email: michaelayang@netzero.com

REGISTRATION FORM

Swimmer's Name: _____
 Age: _____
 Parent/Guardian's Name: _____
 Phone Number: _____
 Address: _____

I, _____ (parent/guardian) give my swimmer, _____
 (name of swimmer) permission to participate in the Greenbelt Swim Team's Swim-A-Thon.

 (Signature of parent/guardian)

Depending on their age group, swimmers will have a minimum number of laps they must swim. But feel free to swim more!! Swimmers who swim 32 laps (64 lengths) will receive a special prize. The top three swimmers overall will receive special recognition as will the top two pledge-earners.

8 and Under:	10 laps/20 lengths of the pool (500)
9-10:	15 laps/30 lengths of the pool (800)
11-12:	20 laps/40 lengths of the pool (1000)
13-18:	25 laps/50 lengths of the pool (1500)

I, _____ (name of swimmer) agree to participate in GMST's Swim-A-Thon. I also have read what is required for my age group and pledge to do my best.

 (Signature of swimmer)

<p>Release Waiver</p> <p>Insurance: I hereby inform the City of Greenbelt and the Greenbelt Municipal Swim Team (GMST) that I will assume any and all medical insurance for the above named participant(s) and that said coverage shall be adequate to cover any and all possible injuries to the above named participant(s) received during any phase of this program.</p> <p>Release: I hereby release and agree to hold harmless the City of Greenbelt and GMST, volunteers, coaches, and other participants from any act of commission, or omission which may result in any personal injury or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and GMST, volunteers, coaches, and other participants from all losses, costs, and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages, and fines paid, incurred or suffered by the City of Greenbelt GMST by reason of, or arising out of injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.</p> <p style="text-align: center;">_____ (Initials of parent/guardian)</p>
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