

Greenbelt. GMunicipal Swim Team



2016 Fall Swim Training Season**

September 20 – December 11
No practice 10/11, 11/8, 11/24, 11/27
 Swimmers Ages 5 – 18

Registration & Open House:

August 23: Online registration begins. Register at greenbeltswimteam.com

September 13 (5:30-6:30pm): Open House. Swim test is required for new swimmers; bring a suit.

**Our Fall, Winter and Spring Swim Training Programs prepare swimmers for GMST's competitive summer season. Swim training participants are expected to swim for GMST in the 2017 summer season.

Please direct any questions to: greenbeltswim@gmail.com

Registration Fees:

	Until 9/18	After 9/18
Age Group Swimmers (ages 5-18)	\$105	\$115
Developmental (ages 4-7)	\$60	\$70

There is a \$10 discount for each sibling.



Practice Schedule:

Ages	Practice Times
8 & Under	Tues/Thurs 4:25 – 5:25 pm; Sun 8:00 - 9:00 am
9-18	Tues/Thurs 4:55 – 5:55 pm; Sun 7:00 - 8:30 am
Develop.	Sun 8:00 – 8:45 am

Home Pool:

Greenbelt Aquatic & Fitness Center
 101 Centerway, Greenbelt, MD

New Swimmer Requirements:

Welcome Future Barracudas!

- Age group swimmers should be comfortable in deep water and able to swim 25 yards (one length) of the pool.
- As a guide, swimmers who have completed “Advanced Beginner” or “Intermediate” level lessons usually have the necessary skills to enjoy the rewards of swimming with the team.
- Developmental swimmers should be able to swim 10 yards (1/2 pool length).

Our Mission: To promote swimming as a lifelong activity, to help each swimmer achieve their "personal best" and to advocate swimming as a family participation sport.



www.greenbeltswimteam.com

Home of the Greenbelt Barracudas | Charter member of the Prince-Mont Swim League (55 years and counting!)