

# Greenbelt. GMunicipal Swim Team



## 2017 Winter/Spring Swim Training Season\*\*

January 3 – May 14  
*No practice April 16 – April 23*  
 Swimmers Ages 5 – 18

### Registration & Open House:

**December 2:** Online registration begins. Register at [greenbeltswimteam.com](http://greenbeltswimteam.com)

**December 20 (5:30-6:30pm):** Open House. Swim test is required for new swimmers; bring a suit.

\*\*Our Fall, Winter and Spring Swim Training Programs prepare swimmers for GMST's competitive summer season. Swim training participants are expected to swim for GMST in the 2017 summer season.

Please direct any questions to: [greenbeltswim@gmail.com](mailto:greenbeltswim@gmail.com)

### Registration Fees:

	Until 1/8	After 1/8
Age Group Swimmers (ages 5-18)	\$145	\$155
Developmental (ages 4-7)	\$60	\$70

*There is a \$10 discount for each sibling.*



### Practice Schedule:

Ages	Practice Times
8 & Under	Tues/Thurs 4:25 – 5:25 pm; Sun 8:00 - 9:00 am
9-18	Tues/Thurs 4:55 – 5:55 pm; Sun 7:00 - 8:30 am
Develop.	Sun 8:00 – 8:45 am

### Home Pool:

Greenbelt Aquatic & Fitness Center  
 101 Centerway, Greenbelt, MD

### New Swimmer Requirements:

Welcome Future Barracudas!

- Age group swimmers should be comfortable in deep water and able to swim 25 yards (one length) of the pool.
- As a guide, swimmers who have completed “Advanced Beginner” or “Intermediate” level lessons usually have the necessary skills to enjoy the rewards of swimming with the team.
- Developmental swimmers should be able to swim 10 yards (1/2 pool length).

**Our Mission:** To promote swimming as a lifelong activity, to help each swimmer achieve their "personal best" and to advocate swimming as a family participation sport.



[www.greenbeltswimteam.com](http://www.greenbeltswimteam.com)

Home of the Greenbelt Barracudas | Charter member of the Prince-Mont Swim League (55 years and counting!)