

Fall 2021 COVID Protocol for GMST

GMST will follow guidelines set by the Greenbelt Aquatic and Fitness Center (GAFC). These guidelines are subject to change. For Fall 2021 practice, the following will be in effect:

- Check-in for contact tracing purposes inside the front double-doors of GAFC.
- Swimmers will exit via the locker rooms.
- Locker rooms are available, however the lockers are not available for storage or use. Again, rooms are available; lockers are not.
- There is limited space for parents; available seating will be on pool deck.
- Mask is required for EVERYONE who is not in the water.

In addition to GAFC rules, GMST is additionally recommending the following to actions to limit any spread of COVID or general sickness during our fall team practice:

- Do not come to practice if you feel like you may be getting sick. Even the common cold can infect and remove several swimmers from practice for a week or more.
- If you are over 12, please get vaccinated. All of our coaches are vaccinated. We appreciate you trying to keep them safe as much as they are trying to keep your children safe.
- Remain socially distanced while on deck.
- Please leave the facility directly after swim practice. Limit the use of locker rooms. Please consider putting warm clothes over swim suits and exiting immediately without prolonged changing in the locker rooms. This is only a recommendation, not a GAFC rule.