



## Join Us for the 2024 SUMMER Swim Season (May 28 – July 27)!



Welcome Swimmers Ages 5-18!

**Home Pool:**

Greenbelt Aquatic & Fitness Center (GAFC)  
101 Centerway, Greenbelt, MD

**Registration & Open House:**

**May 3** Online registration begins for returning swimmers. Register through the link found in your email. Registration will continue through the first practice (5/28) for new and returning swimmers.

**May 16:** Open House (4:30-6PM) at GAFC to meet coaches and for swim tests. A swim test is required for new swimmers, so bring a suit!

Please direct any questions to GMST President Laura Hebert at: [greenbeltswim@gmail.com](mailto:greenbeltswim@gmail.com)

**Registration Fees:**

- Age Group Swimmers (ages 5-18): \$135
- Developmental (ages 5-7): \$75
- There is a \$10 discount for siblings!

**New Swimmer Requirements:**

- Age group swimmers should be comfortable in deep water and able to swim 25 yards (one length) of the pool.
- As a guide, swimmers who have completed “Advanced Beginner” or “Intermediate” level lessons usually have the necessary skills to enjoy the rewards of swimming with the team.
- Developmental swimmers must be comfortable putting their faces in water and ideally should be able to swim 10 yards (1/2 pool length).

**Initial GAFC Practice Schedule (May 28 through the end of school):**

<i>Monday/Wednesday</i>		<i>Tuesday/Thursday</i>	
8 & Under	Mon/Wed 5 – 6 PM	8 & Under	Tue/Thu 4:30 – 5:30 PM
9 - 12	Mon/Wed 5:30 – 6:30 PM	9 - 18	Tue/Thu 5 – 6 PM
13 - 18	Mon/Wed 5:30 – 6:30 PM		
Developmentals	<i>-No evening practices-</i>		



**Initial Severn Crossing Practice Schedule (Severn Crossing Pool 11811 Backus Drive, Bowie) (May 28 through the end of school): Ages 9-18, Mon/Wed/Fri 6:45 – 8PM**

*Practices after the End of School will be held M-F MORNINGS at GAFC (M-Th for Developmentals) and M-F EVENINGS at Severn Crossing Pool (ages 9-18). Details can be found on the website.*

**Our Mission:** To promote swimming as a lifelong activity, to help each swimmer achieve their personal best, and to advocate swimming as a family participation sport.

[www.greenbeltswimteam.com](http://www.greenbeltswimteam.com)